



# Donate Now - Every Dollar Helps Feed Eight Hungry People

While donating food to **Dish It Up** is a great hands-on volunteer experience and an activity that families can participate in together, your cash donations can go even further. A food bank or pantry can purchase food in bulk at a much greater discount than retail price. When you make a cash contribution to **Dish It Up**, your contributions benefit local food banks and hunger programs.

The easiest way to make a cash donation to **Dish It Up** is with our online form found at the link below. You will be immediately given a receipt and able to claim your donation as tax deductible - not to mention the fact that each dollar you give helps provide eight meals to people in need.

Donate now by going to <https://www.pioneersvolunteer.org/donations/Default.aspx> and click the radio button next to "I want to make a donation to **Dish It Up**."

A \$100 donation, in honor of 100 years of service, volunteerism and philanthropy, will help provide a meal to 800 hungry people.

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## 100 Years Means Hundreds of Dish It Up Projects

**Dish It Up** projects are taking place all across North America. The following states and provinces have committed to efforts which aim to feed one million people: Alabama, Alaska, Arkansas, California, Florida, California, Colorado, Florida, Georgia, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Jersey, New Mexico, New York, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, Tennessee, Texas, Utah, Virginia, Washington, West Virginia, Wisconsin, Wyoming, New Brunswick, Newfoundland, Nova Scotia and Saskatchewan.

Food security is defined as existing "when all people at all times have access to sufficient, safe, nutritious food to maintain a healthy and active life." Food insecurity occurs when:

1. Sufficient quantities of food are not available on a consistent basis.
2. People don't have the resources to obtain appropriate foods for a nutritious diet.
3. Knowledge of basic nutrition and care, as well as adequate water and sanitation, are lacking.

Please help address this issue by volunteering your time, donating food, or donating money to the **Pioneers Dish It Up** project.



Help Pioneers Feed One Million People

contact us



1801 California Street, 44th Floor  
Denver, CO 80202  
Business: 303-571-1200  
Facsimile: 303-572-0520  
[info@pioneersvolunteer.org](mailto:info@pioneersvolunteer.org)  
[www.pioneersvolunteer.org](http://www.pioneersvolunteer.org)

upcoming events

To find Pioneers-driven community service projects and events going on in your local area and across the US and Canada, please visit <https://pals.pioneersvolunteer.org/VM/index.aspx>

# Centennial Rewards and Recognition



The following Pioneers have logged 100+ hours in VolunteerNow! from March 1, 2011 - July 31, 2011. Congratulations to everyone who has reached this milestone – keep up the good work!

## AT&T

Marlene Abraham  
Nola Adams  
Sharon Adams  
Shaun Adeoye  
Catherine Adkins  
Alice Aguilar  
Eleanor Ahlstrom  
Linda Anderson  
Phyllis Anderson  
Alice Andrade  
Alice Andrews  
Ellen Armstrong  
Sandra Atherton  
Diane Austin  
Patricia Babbs  
Gloria Badery  
Donna Barfield  
L. Barfield  
Gerald Barron  
Myrna Barron  
C. Batastini  
Robert Batt  
Martha Baxter  
Teresa Baxter  
Kathy-ann Bear  
Clarence Beavers Jr.  
Harriet Beckham  
Nancy Bell  
Mary ann Bennett  
Floyd Berry  
Elizabeth Betleyoun  
Nancy Bickerstaff  
Evelyn Billig  
Edward Bitolas  
Archie Blackmon  
Malissa Blackwell  
Harriet Bonin  
Bernice Borel  
John Bowers Jr  
Delphine Bowie  
Billie Bowling  
Nona Bowling  
Capitola Bradley  
Louise Braga  
James Bredenkamp  
Patricia Breeden  
Connie Briseno  
Merrilyn Britzke  
Lou Brock  
Barbara Brown  
Evelyn Brown  
I. Brown

John Brugger  
Betty Brumley  
Linda Brumley  
Gary Buchanan  
Peggy Burdette  
Jeffrey Burt  
Deb Busby  
Shirley Bush  
Kris Buss  
Wes Buss  
Sandra Cahill  
Robert Cahoon  
Hazel Caldwell  
Yolanda Calleja  
Carol Canady  
J. Canady  
Lois Carmona  
Richard Carmona  
Felicia Carter  
Denise Caruso  
Patricia Caruso  
Sarah Case  
Esther Ceglowski  
Benjamin Chavez  
Loretta Cherry  
Carol Christensen  
Pamela Clapper  
Ouida Collins  
Peggy Collins  
Sharen Condley  
Tricia Conte  
Susan Conway  
Frank Cope  
Fay Corley  
Evelyn Cowan  
Karee Craig  
Shirley Craig  
Etoile Crain  
Leona Cumbie  
Rose Daniel  
Albert Daspit  
Cheryl Daughtry  
Sandra Davidson  
Corrine Davis  
Marjorie Davis  
Melinda Davis  
Janice Dawson  
Hazel Day  
Marion Day  
Stanley Dearing  
Sally Deleenheer  
Linda Dickinson  
Susan Dixon  
Harold Dobratz

Dorothy Dorris  
Clara Dorsey  
Patricia Doucette  
Mary Dowdy  
Norma Doyle  
Janet Draiss  
Lloyd Draiss  
Johnette Drayton  
Neysa Dreessen  
Charlene Driscoll  
Ray Dubuque  
Freda Dudley  
Donna Duncan  
Barbara Dunlap  
Hazel Duntley  
Gary Dusenberry  
Beverly Dye  
Sandra Ehrman  
Donna Ellis  
Pamela Elrod  
Cynthia England  
Betty Fain  
Sheila Ferguson  
Edwin Finley  
Mary Fischer  
David Fisher  
Helen Flynn  
Ann Folsom  
J. Fordham  
Gina Foster  
Joan Francois  
Jeanne Frankenberg  
Douglas French  
Dorothy Fulcher  
Audrey Gamble  
Patricia Gannis  
Rosalinda Garcia  
Jelli Gauthier  
Gena Gibson  
George Gibson  
T. Gibson  
Betty Gillespie  
Harry Ginzl  
Gloria Glenn  
Ronald Glover  
Theresa Gludovatz  
Carlos Gonzalez  
Dolores Gonzalez  
Raejean Goodrich  
James Goodson  
G. Gorley  
Ethel Gough  
Gloria Grabowski  
Richard Gramelt

Michelle Grande  
Lois Grans  
R Gray  
C. Green  
Valerie Green  
Daryl Grier  
Shirley Griswell  
Margaret Gross  
Debbie Guerra  
Juanita Gulley  
Patricia Gulley  
E. Hackett  
Judy Hagan  
Frederick Hampton  
Franklin Hankins  
Carolyn Harris  
Shirley Hawkins  
Steve Hazelton  
Harold Heinrich  
Norma Hernandez  
Buddy Herndon  
Laura Hill  
Joseph Hodgson  
Joe Holbert  
Gertrude Holmes  
Marilyn Holtz  
Mabel Howard  
Carlyne Howe  
Sherry Howle  
Karen Howze-Samuels  
David Hughes  
Gaye Hughes  
Patricia Hughes  
George Hull  
Sheila Hull  
Aubrey Hunt  
Juanita Hunt  
Bessie Hurst  
Gloria Jackson  
Marvin Jackson  
Nancy Jackson  
Jean James  
Clark Johnson  
Hazel Johnson  
Peggy Johnson  
Judy Jones  
Jonnie Josey  
Mary Karahuta-Kanzeg  
Bruce Kautz  
Katherine Kautz  
Paula Keimel  
Beverly Kelln  
Betty Kelly  
Pauline Kempton

Cortney Kent  
Naomi Kerr  
Robert Kerr  
Florence Kierig  
Monica Kiesel  
Mary King  
Phyllis King  
Sandra Kirk-Franklin  
Sally Kirkpatrick  
Kathleen Knudtson  
Judith Koschalke  
Dale Krone  
Patricia Krul  
Bernard Kuempel  
Helen Kulper  
Tonyua Laberge  
Iva Laflex  
Lyal Lauersdorf  
Carole Lawver  
Joyce Lechman  
Carol Lee  
Gerald Lee  
Beverly Lew  
Mary Lewis  
D. Linnartz  
Charlotte Lints  
Lina Loncar  
Donna Long  
Dottie Lothe  
Richard Lothe  
Jonine Lowery  
Richard Loya  
David Mahoney  
Linda Mainland  
Maggie Mallory  
Janice Mann  
E. Marcy  
Judith Marlin  
Guy Marr  
Debra Martin  
Lynda Martin  
Patricia Martin  
Robert Martin  
Susanna Martinez  
James Mathis  
Glenn Matson  
Robert Maurice  
Charles May  
Frances May  
Virginia Mayo  
Susan Mc Manaway  
Donna Mccardell  
Rosalie Mccaw  
William Mccaw

# Centennial Rewards and Recognition



The following Pioneers have logged 100+ hours in VolunteerNow! from March 1, 2011 - July 31, 2011. Congratulations to everyone who has reached this milestone – keep up the good work!

Annie Mccrimmon  
Teresa Mcdaniel  
Jimmy Mcelreath  
Rita Mcgill  
Shirley Mckinney  
Laouida Mcknight  
Frances Mcnair  
Maxine Mcnatt  
Lewis Meadows  
Marcia Meyers  
Alice Mikolay  
Joseph Mikolay  
Toni Miller  
Larri Milligan  
Elizabeth Mills  
Joann Mize  
Mary Jane Montemayor  
James Mooney  
Kyla Moore  
Rickey Morgan  
Doyle Mote  
Marsha Mower  
Dorothy Mulkey  
Mary Murtaugh  
Barbara Nadolny  
Kathleen Nehrenz  
Mary Newman  
Carla Nicassio  
Herbert Oeknick  
Vicki Olson  
Dolores Osteen  
Richard Overholt  
Lynda Palmer  
Ricky Parker  
Sarah Parmer  
Corey Parollina  
Lois Parollina  
Dorcas Parr  
Diana Paruginog  
Annie Pate  
Gloria Patton  
Inez Payan  
Carol Payne  
Mary Payne  
Gloria Pazel  
William Pazel  
Martha Peak  
Loretta Perkins  
Samuel Perkins  
Stephen Pevac  
Julia Pezdirtz  
Mary Pierce  
Rebecca Platt  
Velma Prince  
Donald Proctor

Joyce Proctor  
L. Ragland  
Bertia Reed  
Pearl Reed  
Yvornnie Rice  
Mary Richart  
Frank Roberts  
Roe Roberts  
Vennie Robinson  
F. Roe  
Cornelia Rogers  
Juanita Rogers  
Willie Rogers  
Carolyn Roland  
Janice Roper  
James Rose  
Linda Rosenberg  
Blair Rossing Sr  
Josephine Rozinski  
Dorothy Sampson-Hull  
Lyda Sanders  
Michaela Sanders  
Frankie Santoro  
Cecilia Scanlon  
Rita Schene  
Jerry Schilling  
Karen Schilling  
Steele Schilling  
Thelma Schilling  
Donna Schmidt  
Peggy Schmidt  
Richard Schrage  
William Seipel  
Lena Seiske  
Marina Sezon  
Kathleen Shaughnessy  
Helen Shirley  
Wanda Shirley  
Marvalea Shoemake  
Margaret Silveira  
Gayla Simmons  
Jeanette Slagle  
Bertha Smith  
Carol Smith  
Cornell Smith  
Harriette Smith  
Helen Smith  
Carl Snedeker  
Shirley Snedeker  
Elwood Snell  
Paul Soat  
Karen Spitzer  
Barbara Stanke  
Doris Steelreath  
Jacqueline Steffgen

Ruth Steinberg  
Stephen Steinmetz  
Carol Stevens  
Jack Steward  
Emma Stewart  
Nancy Stoepelwerth  
Barbara Stoneman  
William Storey  
Helen Stowers  
Cherry Strickland  
Alliss Strogin  
Elizabeth Stroney  
Carol Stuttgart  
Donald Stuttgen  
Vivian Sullivan  
Richard Sutherland  
Arlene Swarr  
Ralph Swinburne  
Larry Tanner  
Jo Taylor  
Thomas Taylor  
Clara Terry  
Shirley Thomas  
Johnnie Thompson  
Linda Tietz  
Roberta Tischler  
Judy Tollefson  
Mary Tomashek  
Shelby Torbert  
Jeron Trahan  
Margaret Trammell  
Allan Trull  
Joyce Turner  
Isabel Utsler  
Gwen Van Wey  
Gloria Vanaacken  
Graylynn Viltz  
Marnette Voeltz  
Sheryl Walker  
Dorothy Wall  
Marcella Walloch  
Fredrick Waters  
Diana Watson  
Robert Weathers  
Robert Webster  
Stephanie Weinstein  
Edward Weise  
Debra Wells  
Laneace Whitley  
Claudia Wilkins  
Dana Williams  
Dianna Williams  
Kina Williams  
Mark Williams  
Rosalie Williams

Pamela Williamson  
Betty Willingham  
Cindy Willyard  
Diane Woodall  
Susan Worner  
Donna Wren  
Juanita Wright  
Christine Wunder  
Charles Wykoff  
Ruth Wykoff  
Karen Yaeger  
Phyllis Yancey  
Louise Zehnder  
Gerald Zimbric  
Hazel Zimbric

## Canada

Jeff Allers  
Sonia Avery  
William Badcock  
Kelly Beaton-Snailham  
Gregory Belley  
David Bird  
Dan Blum  
David Boone  
Alan Brown  
Barbara Butt  
William Butt  
Kenneth Campbell  
Jack Crosby  
Larry Dally  
Eveline Delisle  
David Demone  
Otto Dobler  
Janet Fehr  
Gordon Ford  
Marilyn Ford  
Ronald Forsythe  
Rick Gaucher  
Judith Graves  
Allan Groundwater  
Matt Hanson  
Gary Headington  
Darius Hume  
David Hume  
Donald Hurley  
Brenda Iwasuik  
Sandra King  
Dennis Kingwell  
Harry Lawrence  
Ellen Leblanc  
Linda Lefler  
Darrell Liebrecht  
Judi Livingstone

Marilyn Lorence  
Chantal Macdonald  
William Macdonald  
Alexander Macgregor  
Diane Maclean  
David Macleod  
J. Robert Macleod  
Lynwood Mahaney  
Moe Martin  
Dianne Mcdonald  
Helen Mcgaw  
Catherine Mcintyre  
Joan Neil  
Bob Novakowski  
Maggie Rice  
Rejeanne Richard  
Jessie Roberts  
Joseph Rowledge  
Barry Rutherford  
Candace Salkey  
Lyle Sampson  
J. Michael Sears  
Pauline Shea  
Karen Skwark  
Elizabeth Sliwa  
Tanya Snair  
Molly Stacey  
Fred Strelieff  
Elaine Thimot  
Elie Thimot  
Andrew Vavasour  
Hilary Vavasour  
Karen Waterfield  
Donald Weatherbe  
David Yorston

## CenturyLink

Ruth Abbott  
Rita Adams-Daggett  
Michelle Allen  
Marilyn Andera  
June Anderson  
Mary Anderson  
Robert Annon  
Donald Archibald  
Cynthia Barnes-Pharr  
Alvin Barthel  
Carol Barthel  
Marlene Beasley-Martin  
Marlyn Beaudine  
Marilyn Bedell  
Kathleen Beechey  
Lois Beedle

# Centennial Rewards and Recognition



The following Pioneers have logged 100+ hours in VolunteerNow! from March 1, 2011 - July 31, 2011. Congratulations to everyone who has reached this milestone – keep up the good work!

Vince Beeson  
Roberta Behrens  
Jon Berquist  
Joanne Boon  
William Boon  
Janet Brand  
Carolyn Brown  
Edith Bruce  
Anne Cannon  
Arleta Cantrell  
Michael Ceballos  
Marilynn Charlesworth  
Clareen Claeyes  
Miriam Colledge  
Deborah Cook  
Lucille Cook  
Mary Cooke  
Joann Cooper  
Wanda Cothran  
Joan Coyne  
Sandra Cramer  
Ann Cunningham  
Patricia Darrah  
Yvonne Davis  
Betty Dean  
Patricia Debusk  
Darrel Del Duca  
Sandy Dennis  
Jacqueline des Champs  
Irene Dowis  
John Dudek  
Lois Dudek  
Cherie Eickstaedt  
Nancy Eilefson  
Donald Fennessy  
David Fischer  
Pat Fischer  
George Fisher  
Robert Foster  
Steven Gallego  
Marlene Gardels  
Jody Georgenson  
James Gieseman  
Beatrice Gonzalez  
Catherine Greer  
Thomas Hanes  
Kathleen Hanson  
David Hemmer  
Ann Hicks  
Jane Hjellming  
Dolores Holter  
Mike Howze  
Donald Huckaby  
Karen Hughes  
Lila Hughes

Mary Jo Hulse  
Sandra Hurd  
Jeanette Jachetta  
Rosemarie Jacobs  
Patricia Jeukens  
Beverly Johnson  
Shirley Jones  
Shirley Kaiser  
Ruth Kalies  
Karen Karnowski  
Jennie Kelly  
Nancy Kennon  
Gailee Kerns  
John Kure  
Robert Kurtz  
Ronald Kurtz  
Lucy Larin  
William Lasseter  
Betty Lee  
Terry Leonard  
Dale Lobato  
Teresa Lobato  
Jack London  
Claudeen Luckart  
Carol Lym  
Paula Lytle  
Mary Mccann  
Donna Mccombs  
Carol Mcgarr  
Vicki Mcgavran  
Lorraine Mcginty  
William Mcguire  
Mary Ann Miner  
Jennifer Moore  
Eva Morgareidge  
Corinne Mugaas  
Lorraine Mulroy  
Bert Myers  
Pam Nelson  
Thomas Nelson  
Robert Orton  
Donald Ostrand  
Karen Ott  
Patricia Pace  
Roy Page  
Barbara Palmer  
Gene Partch  
George Patcigo  
Dianne Patterson  
Donna Peckham  
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Jan Pitts  
Lee Poirier  
Mardie Portin  
Frances Radecki

Ann Ray  
Marilyn Reno  
Roland Ritchie  
Winifred Roberts  
Elgene Roper  
Maxine Ruge  
Dorothy Sauer  
Patricia Schwichtenberg  
Charles Scriptor  
Harlan Shively  
Cheryl Solich  
Carole Spiess  
Kathleen Steele  
Connie Stone  
Sherry Sweeten  
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E. Tinker  
Diana Torres  
Eugene Torres  
Helen Trobough  
Donna Ulrey  
Carolyn Von Goetz-Hanes  
Edward Vossler  
Hazel Wakefield  
Nona Wasson  
Elizabeth Webber  
Marian Wilcox  
Gerald Wild  
Olive Wilkison  
Lillian Willcock  
Roger Winkler  
Jack Witt  
Patricia Witt  
Wendell Wonderly  
Alan Zeuke

## New Outlook

Jean Achey  
Mary Anthus  
Margie Arehart  
Patricia Baccus  
Frances Balog  
Sharon Bechtold  
Margaret Beslanovits  
Helen Bitterlich  
Chick Body  
Mary Bouwman  
Gloria Breidigam  
Debra Carol-James  
John Carter  
Thomas Dane  
Helen de Acosta  
Rita Egge

Dudley Farquhar  
Carroll Gatch  
Marcelle Giallongo  
Donald Gillespie  
Therese Gillette  
Vilma Graves  
Gary Gravette  
Charles Gronitz  
William Harbison  
Bernadette Hartshorne  
David Haught  
Anne Hefele  
Charles Heffentrager  
James Heidler  
Paul Heist  
Robert Hofacker  
Jean Hoffman  
Vernon Holt  
Lucille Hopper  
Richard Huber  
Henry Janowitz  
Patricia Keyser  
Fred Klana  
Olinda Koch  
Lucille Kuchera  
Helen Loyd  
Robert Macfarland  
Agnes Malloy  
Charles Mann  
Elizabeth Mantz  
Ramon Mantz  
Eva Masek  
Marie Matyas  
Beverly Mccarthy  
Diana Montuori  
Mary O'donnell  
Eleanor Orner  
Jean Pastore  
Mary Rarich  
Dennis Reardon  
Sherry Lynn Riddle  
Adele Rielly  
Edward Rielly  
Gloria Roth  
Roy Roth  
Donald Sage  
Richard Sauerzopf  
Sylvia Schaa  
William Schone  
Rose Scrizzi  
Jeane Sickar  
Connie Smythe  
Jack Smythe  
Patricia Steger  
Richard Stoudt

Maynard Strohm  
Hilda Vreccsics  
Leona Walter-Besecker  
Justine Wesnak  
John Wilson  
Jean Wohlheiter  
Vincent Wohlheiter  
Jacqueline Younger  
William Younger

## Verizon

Agnes M. Anderson  
Dolores Anderson  
Bettie Beauchamp  
Diana Buzzard  
Georgiana S. Calise  
Anne E. Carberry  
Robert Carter  
Gail Cilione  
James S. Cilione  
Freda Cook  
Roselina Di Nardo  
Linda Dudley  
Susan Epler  
Ethel Farley  
P.A. Gaudiosi Jr  
James Glass  
Earla J. Hoke  
Peter Kenny  
Rebecca Marks  
Nancy Mazepa  
Norma Peterson  
Judith A. Reese  
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Frances Spagna  
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Geneva E. Templin  
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Carol Yeager  
Shirley Young