

# The Pioneers Projects and Programs Periodical

New Outlook Pioneers Edition

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Join the Pioneers *Dish It Up* Project



Donate Healthier Food Options

## Join Pioneers in Feeding One Million People

This September, we hope you will join us in celebrating the Pioneers 100 years of service, volunteerism and philanthropy by participating in one of the largest projects in our history - *Pioneers Dish It Up: Feeding Families Healthy Food*.

With the support of project partners like *Liberty Mutual* and *Feeding America*, Pioneers across North America will kick off *Pioneers Dish It Up* on September 11th, the National Day of Service and Remembrance. Numerous volunteer efforts focused on addressing hunger in our communities will run through September 25th.

During this time, Pioneers across the United States and Canada will be collecting healthy, nutritious,

non-perishable food donations, as well as transporting food to food banks, filling backpacks with healthy snacks or easy to prepare "weekend" food for children, and serving food at local shelters or soup kitchens.

Volunteer efforts are occurring in most states and many provinces and there just may be a project near you!

We welcome volunteers and encourage you to sign up today! To find a **Dish It Up** project in your area go to <https://pals.pioneersvolunteer.org/VM/search.aspx>, enter your company preference (if any), your state, click search and look for **Dish It Up** under the Health and Human Services category.

## Dish It Up Focusing on Need for Healthier Food

In the United States 49 million people are "food insecure" and one of every four children is at risk of experiencing hunger. In Canada, over 800,000 individuals access food banks on a monthly basis. Over the last few years food banks have experienced severe shortages as charitable giving has declined and more families are in need of a helping hand.

While there are a lot of people doing great things around this issue, many families have to eat highly processed foods that are full of preservatives, high in calories, and lack nutritional value, as that is the only food available at their local food pantry or affordable at their grocery store.

*Dish It Up* aims to inform people across North America of the need for healthier food in food banks and help those making the food donations better informed of their options in selecting inexpensive, yet healthy food options.

You can help by donating items included on the food donation list:

- Whole wheat pastas
- Brown rice
- Canned fruit (packed in juice)
- Canned vegetables
- Canned meats (tuna, salmon, ham, chicken or turkey)
- Canned or dry beans (black, kidney, pinto, navy, garbanzo)
- Peanut butter (plastic jars only, please)

For a list of food collection and drop-off sites in your area, please go to <http://www.pioneersvolunteer.org/centennial/dishitup/participate/donatefood/default.aspx>

# Donate Now - Every Dollar Helps Feed Eight Hungry People

While donating food to **Dish It Up** is a great hands-on volunteer experience and an activity that families can participate in together, your cash donations can go even further. A food bank or pantry can purchase food in bulk at a much greater discount than retail price. When you make a cash contribution to **Dish It Up**, your contributions benefit local food banks and hunger programs.

The easiest way to make a cash donation to **Dish It Up** is with our online form found at the link below. You will be immediately given a receipt and able to claim your donation as tax deductible - not to mention the fact that each dollar you give helps provide eight meals to people in need.

Donate now by going to <https://www.pioneersvolunteer.org/donations/Default.aspx> and click the radio button next to "I want to make a donation to **Dish It Up**."

A \$100 donation, in honor of 100 years of service, volunteerism and philanthropy, will help provide a meal to 800 hungry people.

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## 100 Years Means Hundreds of Dish It Up Projects

**Dish It Up** projects are taking place all across North America. The following states and provinces have committed to efforts which aim to feed one million people: Alabama, Alaska, Arkansas, California, Florida, California, Colorado, Florida, Georgia, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Jersey, New Mexico, New York, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, Tennessee, Texas, Utah, Virginia, Washington, West Virginia, Wisconsin, Wyoming, New Brunswick, Newfoundland, Nova Scotia and Saskatchewan.

Food security is defined as existing "when all people at all times have access to sufficient, safe, nutritious food to maintain a healthy and active life." Food insecurity occurs when:

1. Sufficient quantities of food are not available on a consistent basis.
2. People don't have the resources to obtain appropriate foods for a nutritious diet.
3. Knowledge of basic nutrition and care, as well as adequate water and sanitation, are lacking.

Please help address this issue by volunteering your time, donating food, or donating money to the **Pioneers Dish It Up** project.



Help Pioneers Feed One Million People

contact us



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[www.pioneersvolunteer.org](http://www.pioneersvolunteer.org)

upcoming events

To find Pioneers-driven community service projects and events going on in your local area and across the US and Canada, please visit <https://pals.pioneersvolunteer.org/VM/index.aspx>

# Centennial Rewards and Recognition



The following Pioneers have logged 100+ hours in VolunteerNow! from March 1, 2011 - July 31, 2011. Congratulations to everyone who has reached this milestone – keep up the good work!

## AT&T

Marlene Abraham  
Nola Adams  
Sharon Adams  
Shaun Adeoye  
Catherine Adkins  
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Phyllis Anderson  
Alice Andrade  
Alice Andrews  
Ellen Armstrong  
Sandra Atherton  
Diane Austin  
Patricia Babbs  
Gloria Badery  
Donna Barfield  
L. Barfield  
Gerald Barron  
Myrna Barron  
C. Batastini  
Robert Batt  
Martha Baxter  
Teresa Baxter  
Kathy-ann Bear  
Clarence Beavers Jr.  
Harriet Beckham  
Nancy Bell  
Mary ann Bennett  
Floyd Berry  
Elizabeth Betleyoun  
Nancy Bickerstaff  
Evelyn Billig  
Edward Bitolas  
Archie Blackmon  
Malissa Blackwell  
Harriet Bonin  
Bernice Borel  
John Bowers Jr  
Delphine Bowie  
Billie Bowling  
Nona Bowling  
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Yolanda Calleja  
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J. Canady  
Lois Carmona  
Richard Carmona  
Felicia Carter  
Denise Caruso  
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Esther Ceglowski  
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Ouida Collins  
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Fay Corley  
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Albert Daspit  
Cheryl Daughtry  
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Marjorie Davis  
Melinda Davis  
Janice Dawson  
Hazel Day  
Marion Day  
Stanley Dearing  
Sally Deleenheer  
Linda Dickinson  
Susan Dixon  
Harold Dobratz

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Clara Dorsey  
Patricia Doucette  
Mary Dowdy  
Norma Doyle  
Janet Drais  
Lloyd Drais  
Johnette Drayton  
Neysa Dreessen  
Charlene Driscoll  
Ray Dubuque  
Freda Dudley  
Donna Duncan  
Barbara Dunlap  
Hazel Duntley  
Gary Dusenberry  
Beverly Dye  
Sandra Ehrman  
Donna Ellis  
Pamela Elrod  
Cynthia England  
Betty Fain  
Sheila Ferguson  
Edwin Finley  
Mary Fischer  
David Fisher  
Helen Flynn  
Ann Folsom  
J. Fordham  
Gina Foster  
Joan Francois  
Jeanne Frankenberg  
Douglas French  
Dorothy Fulcher  
Audrey Gamble  
Patricia Gannis  
Rosalinda Garcia  
Jelli Gauthier  
Gena Gibson  
George Gibson  
T. Gibson  
Betty Gillespie  
Harry Ginzl  
Gloria Glenn  
Ronald Glover  
Theresa Gludovatz  
Carlos Gonzalez  
Dolores Gonzalez  
Raejean Goodrich  
James Goodson  
G. Gorley  
Ethel Gough  
Gloria Grabowski  
Richard Gramelt

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Lois Grans  
R Gray  
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Valerie Green  
Daryl Grier  
Shirley Griswell  
Margaret Gross  
Debbie Guerra  
Juanita Gulley  
Patricia Gulley  
E. Hackett  
Judy Hagan  
Frederick Hampton  
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Shirley Hawkins  
Steve Hazelton  
Harold Heinrich  
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Buddy Herndon  
Laura Hill  
Joseph Hodgson  
Joe Holbert  
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Marilyn Holtz  
Mabel Howard  
Carlyne Howe  
Sherry Howle  
Karen Howze-Samuels  
David Hughes  
Gaye Hughes  
Patricia Hughes  
George Hull  
Sheila Hull  
Aubrey Hunt  
Juanita Hunt  
Bessie Hurst  
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Marvin Jackson  
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Jean James  
Clark Johnson  
Hazel Johnson  
Peggy Johnson  
Judy Jones  
Jonnie Josey  
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Katherine Kautz  
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Beverly Kelln  
Betty Kelly  
Pauline Kempton

Cortney Kent  
Naomi Kerr  
Robert Kerr  
Florence Kierig  
Monica Kiesel  
Mary King  
Phyllis King  
Sandra Kirk-Franklin  
Sally Kirkpatrick  
Kathleen Knudtson  
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Dale Krone  
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Bernard Kuempel  
Helen Kulper  
Tonyua Laberge  
Iva Laflex  
Lyal Lauersdorf  
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Lina Loncar  
Donna Long  
Dottie Lothe  
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Jonine Lowery  
Richard Loya  
David Mahoney  
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Debra Martin  
Lynda Martin  
Patricia Martin  
Robert Martin  
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James Mathis  
Glenn Matson  
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Charles May  
Frances May  
Virginia Mayo  
Susan Mc Manaway  
Donna Mccardell  
Rosalie Mccaw  
William Mccaw

# Centennial Rewards and Recognition



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Annie Mccrimmon  
Teresa Mcdaniel  
Jimmy Mcelreath  
Rita Mcgill  
Shirley Mckinney  
Laouida Mcknight  
Frances Mcnair  
Maxine Mcnatt  
Lewis Meadows  
Marcia Meyers  
Alice Mikolay  
Joseph Mikolay  
Toni Miller  
Larri Milligan  
Elizabeth Mills  
Joann Mize  
Mary Jane Montemayor  
James Mooney  
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Rickey Morgan  
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Marsha Mower  
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Mary Murtaugh  
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Herbert Oeknick  
Vicki Olson  
Dolores Osteen  
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Lynda Palmer  
Ricky Parker  
Sarah Parmer  
Corey Parollina  
Lois Parollina  
Dorcas Parr  
Diana Paruginog  
Annie Pate  
Gloria Patton  
Inez Payan  
Carol Payne  
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Gloria Pazel  
William Pazel  
Martha Peak  
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Samuel Perkins  
Stephen Pevac  
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Jeanette Slagle  
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Carol Smith  
Cornell Smith  
Harriette Smith  
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Karen Spitzer  
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Stephanie Weinstein  
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Kina Williams  
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Christine Wunder  
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Ruth Wykoff  
Karen Yaeger  
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Louise Zehnder  
Gerald Zimbric  
Hazel Zimbric

## Canada

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William Badcock  
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Gregory Belley  
David Bird  
Dan Blum  
David Boone  
Alan Brown  
Barbara Butt  
William Butt  
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Eveline Delisle  
David Demone  
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Gordon Ford  
Marilyn Ford  
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Rick Gaucher  
Judith Graves  
Allan Groundwater  
Matt Hanson  
Gary Headington  
Darius Hume  
David Hume  
Donald Hurley  
Brenda Iwasuik  
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Dennis Kingwell  
Harry Lawrence  
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Linda Lefler  
Darrell Liebrecht  
Judi Livingstone

Marilyn Lorence  
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William Macdonald  
Alexander Macgregor  
Diane Maclean  
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Lynwood Mahaney  
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Dianne Mcdonald  
Helen Mcgaw  
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J. Michael Sears  
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Karen Skwark  
Elizabeth Sliwa  
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Elaine Thimot  
Elie Thimot  
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Hilary Vavasour  
Karen Waterfield  
Donald Weatherbe  
David Yorston

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Rita Adams-Daggett  
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Marilyn Andera  
June Anderson  
Mary Anderson  
Robert Annon  
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Cynthia Barnes-Pharr  
Alvin Barthel  
Carol Barthel  
Marlene Beasley-Martin  
Marlyn Beaudine  
Marilyn Bedell  
Kathleen Beechey  
Lois Beedle

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Vince Beeson  
Roberta Behrens  
Jon Berquist  
Joanne Boon  
William Boon  
Janet Brand  
Carolyn Brown  
Edith Bruce  
Anne Cannon  
Arleta Cantrell  
Michael Ceballos  
Marilynn Charlesworth  
Clareen Claeyes  
Miriam Colledge  
Deborah Cook  
Lucille Cook  
Mary Cooke  
Joann Cooper  
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Marlene Gardels  
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Beatrice Gonzalez  
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Lillian Willcock  
Roger Winkler  
Jack Witt  
Patricia Witt  
Wendell Wonderly  
Alan Zeuke

## New Outlook

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Debra Carol-James  
John Carter  
Thomas Dane  
Helen de Acosta  
Rita Egge

Dudley Farquhar  
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Ramon Mantz  
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Jack Smythe  
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Maynard Strohm  
Hilda Vreccsics  
Leona Walter-Besecker  
Justine Wesnak  
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Vincent Wohlheiter  
Jacqueline Younger  
William Younger

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Gail Cilione  
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